

MUSIC

Howling Coyote Open Mic — The open mic event is 7 p.m. Friday, **Dec. 1**, at Center for Spiritual Living, 575 N. Main, on Las Cruces Downtown Main Street. Free admission to participants and audience. Information: Melody Burns (575) 525-9333 or bobandmelody@sbc-global.net. Lasagna dinner served 5:30 to 7 p.m.; suggested donation is \$5.

La Parada — The monthly grassroots event celebrating local culture and lifestyles is 5 p.m. to 2 a.m. Friday, **Dec. 1**, at San Carlos Building, 501 Texas. Live music by Chris Ojeda (Hardpop), Brian PD (Hardpop/ Pastillo Digital), Get the Honey, Crybaby, Free David Casto, and Ledezma. Live art by Cimi. Vendor booths 5 to 8 p.m. Tickets: \$5, age 18

and older admitted with ID. Information: 351-6023 or on Facebook at laparadaep.

Speaking Rock Entertainment Center — 122 S. Pueblo Rd. Age 18 and older welcome. Molotov returns at 8:30 p.m. Saturday, **Dec. 2**. Mariachi music featured 1-5 p.m. Saturdays and noon to 6 p.m. Sundays. Admission is usually free. Information: 860-7777 or speakingrock.com. Check website for schedule of tribute bands.

A Big Band Christmas Concert — Jazz Unlimited Big Band, with vocalist Jachin Ford, hosts its annual holiday concert at 7 p.m. Sunday, **Dec. 3**, at St. Mark's United Methodist Church, 5005 Love Road. The 17-piece band plays seasonal favorites in swing, rock, Latin and jazz styles. Admission is free, donations welcome. Information: 637-4569.

'Aztec Myths & Legends' — A narrated concert by OME and Boutique Concerts is 8 to 9:30 p.m. Friday and Saturday, **Dec. 8-9** and **Dec. 14-15**, at The Host, 409 Executive Center Blvd, Suite Cost: \$45; available at boutiqueconcerts.ticketspice.com. Information: 242-7824, omeworld.com or on Facebook.

Harpeth Rising — The "chamberfolk" band hosts a debut performance promoting their new album "Against all Tide" in the Las Cruces House Concerts series 6 to 9 p.m. Friday, **Dec. 8**. Performance begins at 7 p.m. with a 6 p.m. social potluck hour. Cost: \$20 suggested donation. RSVP, location: kmforestal@yahoo.com. Information: harpethrising.com.

Nosotros — The Latin band performs at 7:30 p.m. Saturday, **Dec. 9**, at the Rio Grande Theatre, 211 N. Main in the Las Cruces Downtown Mall. Admission: \$10. Information: (575) 541-2290 or riograndetheatre.org.

Las Cruces Ukles — The ukulele group performs at 7:30 p.m. Thursday, **Dec. 14**, at the Rio Grande Theatre, 211 N. Main, Las Cruces. Admission: \$5 (cash only). Information: (575) 541-2290 or riograndetheatre.org.

Sunland Park Racetrack & Casino — 1200 Futurity Dr., Sunland Park, N.M. Information: (575) 874-5200 or Sunland-Park.com/entertainment. Free live music is 9 p.m. Fridays, featuring Latin and regional music; and Saturdays featuring rock and pop variety. Mariachi music is 5 p.m. Sundays.

Ceci Burgos Counseling, Inc.

- Certified Cognitive Behavioral Therapist
- EMDR Trained Clinician
- Certified Clinical Trauma Professional
- LPC Supervisor

(915) 525-9246

Licensed by Texas State Board of Examiners of Professional Counselors

DANCE!

'The Nutcracker' — El Paso Ballet Theatre and UTEP's 8th annual presentation of Pyotr Ilyich Tchaikovsky's classic ballet is 7 p.m. Friday, **Dec. 1**, at UTEP's Magoffin Auditorium. Tickets: \$15 to \$25, available through Ticketmaster or the UTEP Ticket Office, 747-5234. Information: 760-6002 or elpasoballettheatre.com.

Folklorico celebrates the culture of Mexico through traditional song and dance in a vibrant performance at 6 p.m. Saturday, **Dec. 9**, at Chamizal National Memorial, 800 S. San Marcial. Admission: \$5. Information: 727-7406.

Contra Dance — The Southern New Mexico Music and Dance Society's holiday contra dance is 7:30 to 10:30 p.m. Friday, **Dec. 8**, at Mesilla Community Center, 2251 Calle de Santiago in Las Cruces, with music by Rus Bradburd and Dennis Daily of Las Cruces and caller Lonnie Ludeman. The dance begins with beginners' lessons at 7:30 p.m.; no partner or experience needed. Cost: \$6 (\$4 youth). Information: (575) 522-1691 or snmmds.org.

'Nocturnal' — El Paso Community Foundation's Jewel Box Series presents the show by the contemporary dance group Tumbleweed Collective at 7 p.m. Saturday and 2:30 p.m. Sunday, **Dec. 9-10**, at the Philanthropy Theatre (next to the Plaza Theatre). Tickets: \$16 (Ticketmaster). Information: 533-4020 or epfc.org.

The group's program of new choreography is inspired by the night, exploring themes of hope, dreams, celebration, isolation, romance, heartache, refuge and home.

'Evening of Fiesta' — K'AA Y Ballet

Afternoon Ballroom dance - USA Desert Dancers Chapter 5017 hosts a dance 2 to 7 p.m. Sunday, **Dec. 10**, at Shundo Dance Studio, 120 Paragon Lane. Cost (check or cash only): \$23 (\$20 students and military, free for members). Social hour is 2 to 3 p.m. with dancing starting at 3 p.m. Music provided by Jack Welch. Hors d'oeuvres and non-alcoholic drinks provided; BYOB. Dress is semi-formal. Information: Georgena, 328-0527, Raquel, 345-6432, or usadance.org.

'The Nutcracker' — The Las Cruces Chamber Ballet's 34th annual production of Tchaikovsky's Christmas classic, and Holiday Spectacular is **Dec. 15-17** at the NMSU's Atkinson Music Recital Hall, N. Horseshoe and Espina. Performances are at 7 p.m. Friday and Saturday, and 2 p.m. Sunday. All seats reserved. Information: (575) 646-1420. Tickets: \$21 (Ticketmaster).

Argentine Tango classes — Paso del Norte Tango Club hosts Argentine tango classes 8 to 9 p.m. Saturdays in December, at El Paso Dance Works! 6633 N. Mesa, Suite 310, followed by a Milonga. All levels welcome; no partner needed. Lessons are free; milonga admission \$10. Information: 422-3338 or elpasodanceworks.com.

SOUTHWESTERN ART BY BERT SALDANA Studio & Gallery

Located in the Heart of the San Elizario Art District

1501 Main Street San Elizario Tx.

SHOP NOW FOR HOLIDAY GIFTS!!

www.bertsaldana.com (915) 479-2926

BERRY MERRY SPA PACKAGE
Cranberries are filled with vitamins, and are rich in antioxidants that reduce damage to cells. Revitalize your skin with a cranberry Facial Treatment. Relax with a therapeutic one hour Hot Stone Massage. Refresh your senses with a cranberry Hot Stone Spa Pedicure. Cranberry scrub and butter cream followed by the seasons hottest nail colors complete your Spa Manicure.
4 Hrs. Value \$205 \$175

GENTLEMEN'S GIFT PACKAGE
Deep cleansing customized Skin Care Treatment, plus masculine Brow Shaping. A One Hr. Massage will leave him relaxed and re-charged.
2 Hrs. Value \$135 \$120

XTREMELY NAUGHTY or NICE
You choose which list to be on! Either way, you will have long, luscious lashes!
Xtreme Eyelash Extensions + a free gift!
2 Hrs. Value \$275 \$175

ALL WRAPPED UP
This healthy inch loss and detoxifying Body Wrap will get you holiday party ready!
\$75

HOLI-DAZED
De-stress with a One Hr. Hot Stone Massage. Great gift idea or book one for yourself!
Value \$60 \$50

Selah SALON & SPA

5730 Trowbridge www.selahsalonspa.com (915) 843-6070